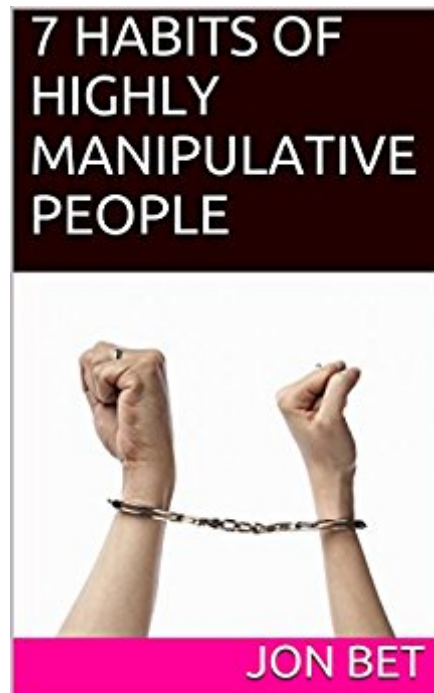




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7 HABITS OF HIGHLY MANIPULATIVE PEOPLE



Synopsis

This book will guide you through seven habits which are consistent across all game players, manipulators, narcissists, sociopaths, and liars. Simply by becoming aware of these habits, you'll find yourself being overlooked rather than targeted as another mark by these pernicious, intra-species predators.

Book Information

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Self-Help

Customer Reviews

The book is direct and precise, listing the characteristics of manipulators, their techniques and how they use marks. Useful "tells" are presented and explained so you can understand how they reveal manipulators. The book also helps you understand how manipulators view the world and their marks.

Wanted to read this to see what issues I was bringing to the table but more so for encouragement and confirmation in what I suspected, found clearly and dealt with in my last relationship. I wanted confirmation and closure to my hard but firm decision I had to make to leave this kind of toxic person

to save my sanity and well being. Learning the issues I brought to the table came from other self-help books and boiled down to staying too long and ignoring the red flags and not valuing myself enough to leave sooner which in this book did mention the type who are effected or influenced by such a toxic person. I saw the signs and been played by a wolf in sheep's clothes and refused to take it, calling him out on the lies and deceit did prove ineffective as the author mentioned. This book hit the nail right on and gave me even more insight to what I've learned from it to be more guarded and careful to not get manipulated and hurt again. I'd recommend this book to close friends who've been through it.

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